

## SURVEY ON WEBINARS TOPICS PREFERRED BY EUROPA UOMO MEMBERS

Tania Estapé and Cosimo Pieri, board members of Europa Uomo are in charge of organising webinars, that not always have the succeed in attendance that it would be expected. Due to this reason, and with the support of Anja Vancauwenbergh, our executive secretary, we decided to launch a brief survey to see barriers to attend webinars and topics that may be of interest. The webinars are thought specially to meet Active surveillance related topics, but it's good to have information on what our members would like to be informed on related to Prostate cancer. We sent it via email to each member and the results were the following:

After an introduction we included the next questions:

- Do you see useful for your associated to speak more of Active Surveillance, so remaining in the area of actual associates?
- Or better we focus more in general to elements of better and earlier diagnosis, which will require we contact a lot of new persons not associated?
- Or please we are really interested to your proposals

Also we were able to do the survey via phone call or video conference, and we included this offer in the email.



Results: 10 countries answered: Lithuania, Austria, Latvia, Portugal, Switzerland, Ireland,UK,The Netherlands,Slovakia and France.

We analysed answers and gathered them in areas of interest:

- 1) Medical issues:
  - a. Early detection and screening
  - b. New diagnosis tools
  - c. Treatments issues:
    - i. Active surveillance and radical prostatectomy
  - d. Medical decision making (Active surveillance included as an option)
  - e. New or change in treatments regimes
  - f. Changes in relation to Hormone /ADT treatment
  - g. Side effects of treatment
  - h. Hereditary components
  - i. Talking on another type of cancers
- 2) Lifestyles and factors that can reduce risk of recurrence:
  - a. Nutrition facts
  - b. Healthy lifestyles
  - c. Physical exercise
- 3) Psychosocial issues (Quality of life):
  - a. Social isolation
  - b. Sexual dysfunction-how to deal with them after treatment
  - c. Psychosocial issues and how to manage them

d. Psychological support

Participants pointed out as positive aspects of having webinars, but also some barriers, as follows:

 PROS	 CONS
Good to have webinars	Active surveillance is in routine care, so no so necessary for our organization
Good to have a recording, as a kind of library of Webinars in the web	After COVID happening people prefer to meet face to face
Commitment to include in the newsletter the announcement of webinars of EO	No English speaking (2 cases)
Organize webinars in collaboration with other international entities (ASPI for instance and others...)	No easy access to internet
	Think that have excellent urologists that are providing needed information

As a conclusion we think webinars are a good option to have information, that can be kept in Europa Uomo web as educative material good for all of us. We are grateful to the members that are kindly participated to help us to be more right when organizing activities.